Book of Graceable Heraldic Art : Nov 25, 2023 : Germs of use and digital files at Heraldic Art.org :

A mechanical lever used to span a crossbow.

No default orientation. No proper coloration.

Source: Nobiliario de Juan Pérez de Vargas. Artist unknown. Adapted by Mathghamhain Ua Ruadháin.

Goats Foot Lever 21.120